

MODULE SPECIFICATION PROFORMA

Module Title:	Engagement for wellbeing in health and social care	Level:	5	Credit Value:	20
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Module code:	SOC528	Is this a new module? Yes	Code of module being replaced:	SOC523
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Cost Centre:	GANG	JACS3 code:	L510
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Trimester(s) in which to be offered:	1	With effect from:	September 16
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School:	Social & Life Sciences	Module Leader:	Justine Mason
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Scheduled learning and teaching hours	30 hrs
Guided independent study	170 hrs
Placement	0 hrs
Module duration (total hours)	200 hrs

Programme(s) in which to be offered	Core	Option
FdA Health and Social Care	<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>

Pre-requisites
None

Office use only

Initial approval July 16

APSC approval of modification *Enter date of approval*

Have any derogations received SQC approval?

Version 1

Yes No

Module Aims

The module aims to foster a critical appreciation of the concept of wellbeing and contemporary strategies for achieving this in health and social care settings

Intended Learning Outcomes

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

	At the end of this module, students will be able to	Key Skills	
1	Evaluate the concept of wellbeing in relation to health and social care settings	KS1	
2	Appraise and demonstrate a range of strategies for achieving wellbeing in health and social care at individual and community level	KS5	
3	Identify policy, legislation and strategies at national and local level which support health promotion and illness prevention and assess their application to health and social care arenas	KS6	
4	Articulate a practical proposal for improving wellbeing in a health and social care setting	KS8	

Transferable/key skills and other attributes

Opportunity, creativity and problem solving skills.
 Information technology skills and digital literacy.
 Information management skills.
 Research skills
 Presentation skills

Derogations

None

Assessment:

The assessment for this module will be in two parts.

Practical (50%):The student will be required to develop a short teaching session, approx. 15 mins, which introduces the audience to an intervention designed to promote wellbeing and which will be peer reviewed.

Report (50%): A report will be written which justifies the choice of intervention, aligned to relevant national and local strategies.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	2,4	Practical	50	15mins	
2	1,3	Report	50		2000

Learning and Teaching Strategies:

The module will use a range of teaching and learning strategies to facilitate this module including practical workshops, lectures, online discussions, role play and VLE

Syllabus outline:

wellbeing and quality of life/ health inequality / public health /barriers to health improvement/ social capital/ social prescribing/service user engagement for health improvement/ advocacy/ legislation and policy relating to health improvement, engagement and wellbeing/ physical activity and wellbeing/ the arts and wellbeing/ theories of behaviour change/ leadership/ teaching and learning strategies

Bibliography:
Essential reading
Knight, A and McNaught, A (eds) (2011) <i>Understanding Wellbeing</i> Banbury: Lantern Publishing Ltd Halpern, D (2005) <i>Social Capital</i> Cambridge: Polity
Other indicative reading
http://www.publichealthwales.wales.nhs.uk/ Putnam, R.D (2000) <i>Bowling Alone: the collapse and revival of American community</i> New York: Simon and Schuster Marmot, M (2010) <i>Fair Society, Healthy Lives : a strategic review of inequalities in England</i> London: University College London available from http://www.instituteofhealthequity.org/projects/fair-society-healthy-lives-the-marmot-review